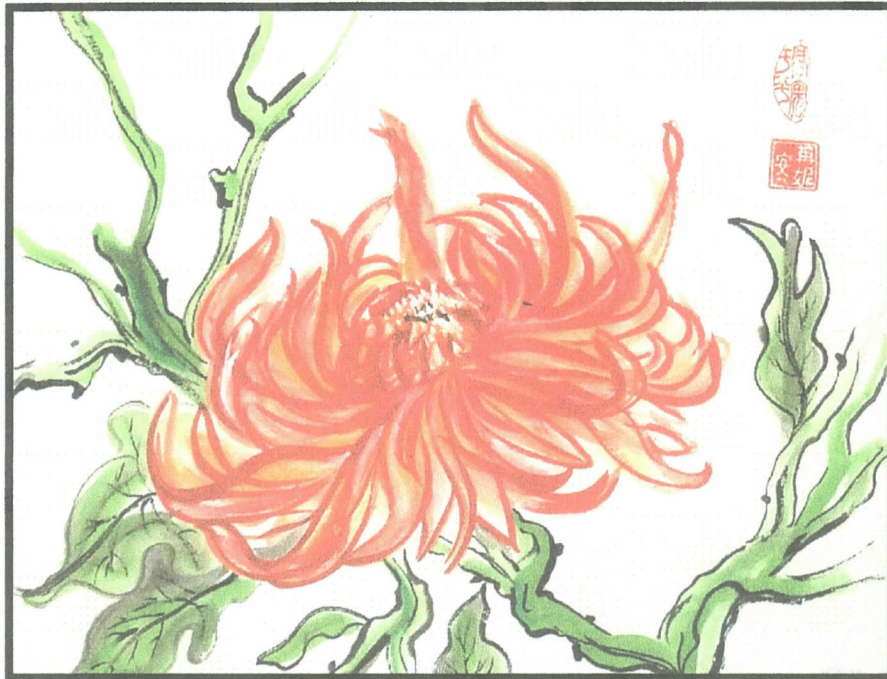




## FUNG LOY KOK INSTITUTE OF TAOISM INTERNATIONAL TAOIST TAI CHI CENTRE



### HEALTH RECOVERY PROGRAM SCHEDULE 2011 HEALTH RECOVERY WEEKS

January	14 <sup>th</sup> -20 <sup>th</sup>	July	8 <sup>th</sup> -14 <sup>th</sup>
February	18 <sup>th</sup> -24 <sup>th</sup>	August	19 <sup>th</sup> -25 <sup>th</sup>
March	11 <sup>th</sup> -17 <sup>th</sup>	September	16 <sup>th</sup> -22 <sup>nd</sup>
April	15 <sup>th</sup> -21 <sup>st</sup>	October	14 <sup>th</sup> -20 <sup>th</sup>
May	20 <sup>th</sup> -26 <sup>th</sup>	November	11 <sup>th</sup> -17 <sup>th</sup>
June	10 <sup>th</sup> -16 <sup>th</sup>		

This program provides the opportunity for everyone with health problems to improve their health through the intensive practice of Taoist Tai Chi™ internal arts of health. This practice can help alleviate a broad range of medical conditions—such as those resulting from injury, stress, chronic or degenerative diseases.

The program starts at 8:00 PM on the Friday evening and ends the following Thursday at